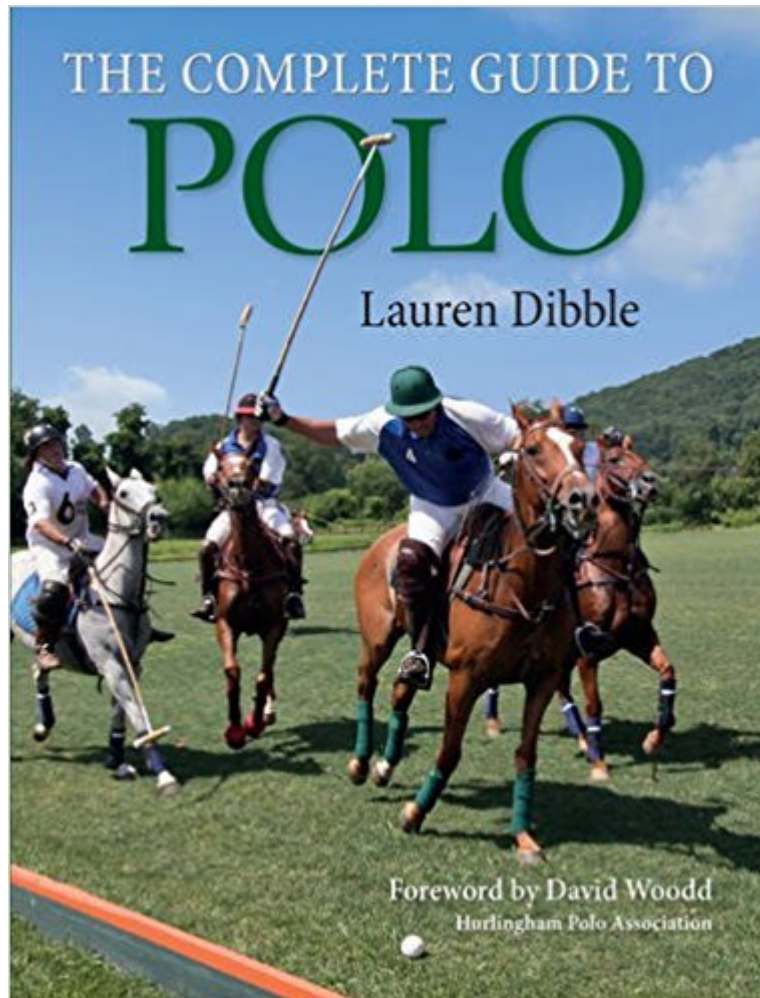




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# The Complete Guide To Polo



## Synopsis

The Complete Guide to Polo is the perfect resource for anyone interested in finding out more about this exciting game, especially those new to the sport. It discusses the history and evolution of the sport that we know today and its migration from India to Asia to Europe, and finally the Americas. It describes in detail the equipment used by both horse and rider, and offers advice on choosing one kind of equipment over another. The book covers the horsemanship skills needed to excel in the game, and breaks down the swing into bite-sized chunks for analysis. It looks at basic polo strategy, explains the finer aspects of the rules of the sport, and compares the differences between the US and UK rule books. All in all it offers a great foundation for the beginner or intermediate player, the patron, or the spectator.

## Book Information

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## Customer Reviews

'It's jam-packed with information, all clearly laid out and illustrated with photographs' ... 'it's fantastic for someone like me who's had a couple of lessons and wants to progress. The section on horsemanship is particularly useful, with clear instructions on everything from where your weight should be to how to play each shot' ... ' This is a great book for anyone interested in taking up polo or learning more about it - now I just need to work out a way of balancing it on my pony's withers while I learn the swings!' Horse and Countryside 'This is a useful, well-illustrated introduction to this fast-paced team sport.' NFU Countryside 'You're certain to be a sure shot with a mallet after reading her expert advice!' ... 'It's a great introduction to the exciting and fast-paced game, and will inspire

anyone to have a go.' Horse

Lauren Thorpe Dibble has been riding horses since early childhood. She was introduced to the sport of polo in her early teens and never turned back. When it came time to choose a college, Virginia Intermont College boasted the top equestrian degree in the United States. The school year was spent taking classes such as Equine Instruction, Stable Management, Equine Science and Equine Anatomy and Physiology, and the summer was spent living in the barns with the horses, working polo games, training horses, and playing polo. After completing her Equine Studies degree, she spent the next several years working as a groom, training polo ponies, managing polo stables and playing semi-professionally. This combination of classical and formal equine education, combined with experience working her way up the polo ladder, gives her a fresh perspective on the sport.

Wonderful and informative book with beautiful photos!

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Let's Talk Polo...: For the Polo Player...things you need to know. Written by the most famous and well respected female polo player in the world, Sunny Hale (Volume 1) Let's Talk Polo Ponies...: The facts about polo ponies every polo player should know (Volume 3) Norway Marco Polo Travel Guide: The best guide to Oslo, Bergen, Trondheim, Stavanger and much more (Marco Polo Guides) Mauritius Marco Polo Pocket Guide: The Travel Guide with Insider Tips (Marco Polo Guides) Channel Islands Marco Polo Pocket Guide: The Travel Guide with Insider Tips (Marco Polo Guides) Stockholm Marco Polo Travel Guide: The best guide to Stockholm's attractions, restaurants, accommodation and much more (Marco Polo Guides) Corfu Marco Polo Travel Guide: The best guide to the Corfu: accommodation, restaurants, attractions and much more (Marco Polo Guides) Rhodes Marco Polo Travel Guide: The best guide to Faliraki, Rhodes City, K&A;miros and much more (Marco Polo Guides) Ireland Marco Polo Travel Guide: The best guide to Cork, Killarney, Limerick, Galway, Sligo, Kilkenny and much more (Marco Polo Guides) Florida Marco Polo Travel Guide: The best guide to Orlando, Disney, Tampa , Miami and much more (Marco Polo Guides) Argentina, Chile Marco Polo Map (Uruguay) (Marco Polo Guide) Peru, Colombia, Venezuela Marco Polo Map (Ecuador, Guyana, Suriname) (Marco Polo Guide) Bruges, Ghent & Antwerp Marco Polo Guide (Marco Polo Guides) Fitness for Polo - Exercise Guide (Fitness for Polo Series Book 1) Fitness for Polo - FitBall Exercise Guide (Fitness for Polo Series Book 2) Prague Marco Polo Spiral Guide (Marco Polo Spiral Guides) Sardinia Marco Polo Spiral Guide (Marco Polo Spiral Guides)

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